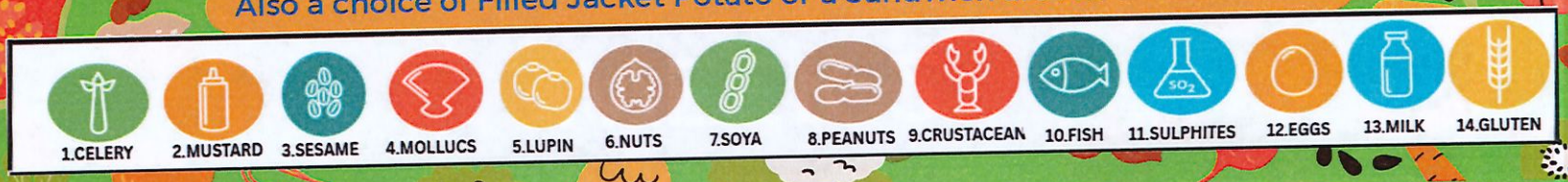
WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salmon Fish Star 10,14	Creamy Chicken Tagliatelle 13, 14	Beef Bolognese Pasta Twists 14	Roast Pork Apple Sauce and stuffing	Chicken Burger in a bun 14
Swedish Veggie Bites and Gravy 14	Margarita Pizza 13, 14	Five Bean Hot Pot	Creamy Vegetable Pie 13, 14	Glamorgan Sausage 2,13,14
Creamed Potatoes	Garlic and Herb New Potatoes	Homemade Bread 12,13,14	Roast Potatoes Gravy	Chips
Country Veg Sweetcorn	Peas Mixed Salad	Sweetcorn Broccoli	Fresh Carrots Cauliflower	Carrot And Cucumber Sticks Coleslaw
Fresh Fruit or Yoghurt 13	Homemade Shortbread and Fruit Milk 13,14	Fresh Fruit or Yoghurt 13	Apple and syrup sponge with custard 12,13,14	Fresh Fruit or Yoghurt 13

FRUIT YOGHURT WITH A SELECTION OF FRUIT WEDGES OR WHOLE FRUIT AVAILABLE DAILY

Also a choice of Filled Jacket Potato or a Sandwich are AVAILABLE DAILY



WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sticky BBQ Chicken 10,14	Penne Pasta Arrabiata 14	Beef Chilli	Roast Turkey Stuffing 14	Fish Burger 10,14
Cauliflower and red lentil Dahl	Sausage Pizza 11,12,13,14,	Macaroni Cheese 13,14	Roast Vegetable Tart 12,13,14	Cheese and Onion Slice 12,13,14
Boiled rice	Garlic Bread 12,13,14	Savoury Rice Herby Bread 12,13,14	Roast Potatoes Gravy	Seasoned Wedges
Sweetcorn Garden Peas	Mixed Salad Rainbow Coleslaw 11	Carrot & Cucumber Sticks Cherry Tomatoes	Seasonal Greens Fresh Carrots	Baked Beans
Fresh Fruit or Yoghurt 13	Apple and Cinnamon Flapjack 11,14	Fresh Fruit or Yoghurt 13	Chocolate and Orange Saucy Pudding 12,14	Fresh Fruit or Yoghurt 13

FRUIT YOGHURT WITH A SELECTION OF FRUIT WEDGES OR WHOLE FRUIT AVAILABLE DAILY

Also a choice of Filled Jacket Potato or a Sandwich are AVAILABLE DAILY

1.CELERY 2.MUSTARD 3.SESAME 4.MOLLUCS 5.LUPIN 6.NUTS 7.SOYA 8.PEANUTS 9.CRUSTACEAN 10.FISH 11.SULPHITES 12.EGGS 13.MILK 14.GLUTEN

MENU 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Big Breakast 7,11,12,13	Chicken Korma 11	Lasagne 13,14	Roast Chicken Fillet, Stuffing and gravy 14	Battered Fillet of fish 10,14
Welsh Rarebit 2,12,14	Pesto Pasta Homemade Bread 11,12,13,14	Creamy Broccoli Bake 13,14	Sage and Onion Loaf 13,14	Vegetable Burger In a bun 14
Potato Waffle	Pilau Rice	Garlic Bread 12,13,14	Creamed Potatoes	Chips
Baked Beans Grilled Tomato	Peas and Sweetcorn	Mixed Salad Coleslaw 12	Fresh Carrots Broccoli/Cauliflower	Peas Tomato salsa
Fresh Fruit or Yoghurt 13	Oaty Fruit Cookie 14	Fresh Fruit or Yoghurt 13	Fruit Crumble and Custard 13,14	Fresh Fruit or Yoghurt 13

FRUIT YOGHURT WITH A SELECTION OF FRUIT WEDGES OR WHOLE FRUIT AVAILABLE DAILY

Also a choice of Filled Jacket Potato or a Sandwich are AVAILABLE DAILY

1.CELERY 2.MUSTARD 3.SESAME 4.MOLLUCS 5.LUPIN 6.NUTS 7.SOYA 8.PEANUTS 9.CRUSTACEAN 10.FISH 11.SULPHITES 12.EGGS 13.MILK 14.GLUTEN